

First Universalist Church of Southold
PO Box 221 Main Road
Southold, NY 11971



The Free Spirit

Rev. Valerie Freseman, Minister

e-mail: FirstUMinister@optimum.net

Church Office: (631) 765-3494

Office Hours: Tues. & Thurs. 9:00am – 2:00pm

Church Web Page – <http://FirstUniversalistSouthold.org/>, e-mail address: SoutholdUU@optonline.net

November 1, 2021

Services – at Holy Trinity Church

November 7, 2021 at 11:00 a.m.

“Remembrance Sunday”

Our traditional service honoring ancestors of recent memory. Please feel free to bring a photo or a symbol of someone you wish to honor as we build an ancestor altar.

Rev. Valerie Freseman

November 14, 2021 at 11:00 a.m.

“Thanksgiving”

Mary James, lay speaker

November 21, 2021 at 11:00 a.m.

“Planting in Uncertain Ground”

Rev. Valerie Freseman

November 28, 2021 at 11:00 a.m.

“Einstein and God”

Bill Funke, lay speaker

Coming Attractions!!!

Nov. 2nd – Covenant Group. Southold Library, 4:00 p.m. Topic: *The Unity We Seek* by Robert Runcie.

Nov. 6th, 13th, 20th, 27th – Poetry as a Spiritual Practice. Holy Trinity, 10:30 a.m.

Coming Attractions (cont'd.)

Nov. 18th – 8th Principle Workshop. Online – Zoom, 7:00 p.m.

Nov. 20th – Holiday Cheer & Food Drive Drop-off for CAST. Church parking lot, Southold, 12:00 p.m. – 2:00 p.m.

Nov. 21st – Coffee Hour Update. Join the Building Team for coffee after the service, to hear the latest news on the building project. Bring non-perishable food for CAST.

Nov. 23rd – Board Meeting. Parsonage, 4:00 p.m. All are welcome to join via Zoom.

Looking Ahead... Dec. 4th – Toy Drive for Rural & Migrant Ministry. Church parking lot, 12:00 p.m. – 2:00 p.m. Bring a new, unwrapped toy for children of the Amandla Worker Education Center in Riverhead.

Covenant Group

Please join us, Tuesday, Nov. 2nd, 4-5 pm upstairs in the Southold Free Library. We will be reading Robert Runcie's, *The Unity We Seek*.

Bring a high and a low to share for the month. Also, bring food to Holy Trinity Church for their food pantry, and quarters for our friends at the Greenport Laundromat.

All people have the potential for seeking greater unity through dialogue, through bonds of fellowship and through service to the wider community. This will be the focus of our discussion.

In peace,
Ginny Cornell

Thought for November...

For every minute you are angry,
you lose 60 seconds of happiness.

Ralph Waldo Emerson

News from the Building Team

The Building Team, with help from President Susan Pond, held a "Catch-Up Tea" for the congregation at Holy Trinity Church, Wednesday, October 20. Owner's Representative, Brian Davis, and architect, Raymond Calamari, were in attendance. Light refreshments were served. Mr. Davis and Mr. Calamari displayed the latest concepts for our new building and answered questions from members of the congregation. Reverend Valerie Freseman held a centering ceremony to start the event. All in all, the event was a success.

Mark Sisson, Chair
Building Team

Looking Back...



Kiera is at the UNICEF Carnival, our church school fundraiser (199?).

If you have any pictures of past events at the church, please send them to me, with names, date and event. (ginc289@optonline.net) Or perhaps you have a story from the past that you would like to share.

Dot Mazzaferro is enjoying hearing from you. She likes news from her church! Her mailing address is: 670 Park Way, Southold, NY 11971.

Supporting Our Community



For CAST
Nov. 20th & 21st



For Rural & Migrant Ministry
Dec. 4th & 5th

News from the Social Action Committee (SAC) & 8th Principle Task Force

#1 Thanks to everyone's generosity, we surpassed our goal and fulfilled our founding member commitment to NYUUJ in just 3 months! SAC asked & received approval from the Board to use our 4th allotted **First Sunday "Share the Plate"** collection toward sponsoring an Opioid Overdose Prevention Program that will be open to our wider community. The \$140.00 collected on Sunday, October 3rd, will be utilized to provide Narcan Training over this winter.

#2 The Sunday, October 10th worship service, "**Reflections on the First Americans**," was another step in our congregation "journeying toward spiritual wholeness by **building** a diverse multicultural **Beloved Community**." This will be followed up with:

- future Sunday worship service presentations addressing "other oppressions in ourselves and our institutions." Possible topics have been discussed by SAC & 8th Principle Task Force. We are looking for a speaker to cover the issue of voting rights, which has been in the daily & nightly news.
- a workshop series on the **8th Principle of Justice and Compassion**, co-led by Rev. Valerie and SAC Chair Patte McManus, and modeled on Rev. Valerie's classes on the Seven Principles, beginning in November.

The monthly **SAC & 8th Principle Task Force Meeting** was held on October 13th, 4-5:30pm. Yes, we went over by a group-approved 1/2 hour. In addition to discussing the two items above and planning for the Beach Cleanup, SAC members gave brief reports on the following organizations:

- North Fork Audubon Society (NFAS)
- North Fork Environmental Council (NFEC)
- OLA of Eastern Long Island;
- Peconic Land Trust
- Rural & Migrant Ministry / Amandla Worker Ed. Ctr.
- Save the Sound

Each of these organizations has our contact information and has been asked to keep us apprised of events at which our participation would be of support. We will also be inviting speakers to online / in-person meetings of ours.

SAC will be making a request at the upcoming Board meeting that we consider having a Toy Drive on Saturday, December 4, 2021, and a **First Sunday "Share the Plate"** collection on Sunday, December 5, 2021, to benefit the children of the Amandla Worker Education Center in Riverhead.

A wealth of info on each of these initiatives is available online, including: websites, Twitter, Instagram, and Facebook accounts, just by Googling the organizational name(s) listed above. Should you wish to make a contribution, each of these groups would welcome your support.

Saturday, October 23rd was **National Make a Difference Day**. SAC sponsored a **Post Season Beach Cleanup** between noon and 2pm and extends a "**warm**" thank you to "the hardy bunch" that participated in our community service event at Kenney's Road Beach. What was predicted to be a cold windy day (with "possible showers"), turned out to be perfect for an autumn workout. So, after the "trashcombers" had consumed their fill of hot chocolate and picked the beach clean, there was still enough hot chocolate to share with people in the parking lot. The offerings were met with compliments of what a "great job" we'd done, and, "we thought you were family," prompting two answers: "We are family," and "Next time we'll need T-shirts."

Quote of the Month:

"Be the change you want to see in the world." - Mohandas Karamchand Gandhi

Namaste,
Patte McManus, SAC Chair